CRYOTHERAPY SERVICE REPAIR

Cryotherapy Room Checklist

What to confirm before your cryotherapy chamber is delivered. Updated November 27, 2026.

All chambers

- [ ] **Delivery path measured**
  Doors, corridors, turns and elevator, against the chamber's largest piece
- [ ] **Floor load confirmed**
  For the chamber's weight (often well over 1,000 lb)
- [ ] **Installation space and ceiling height**
  Match the manufacturer's installation space, not just the footprint
- [ ] **Service access**
  Room for a technician behind and around the chamber
- [ ] **Dedicated circuit installed to spec**
  Single-phase or 3-phase, correct amperage, by a licensed electrician
- [ ] **Heat removal planned**
  Room AC sized for a self-contained unit, or condenser location and line-set route approved
- [ ] **Permits checked**
  Electrical and mechanical, as your city requires
- [ ] **Humidity below 40%**
  Dehumidifier in place if needed
- [ ] **Ventilation to spec**
  Meets the manufacturer's air-change requirement
- [ ] **Network at the chamber**
  Ethernet or Wi-Fi for remote diagnostics

Nitrogen cryosaunas, also

- [ ] **Oxygen monitor installed and tested**
  Alarm working; never bypass or silence it
- [ ] **Mechanical ventilation to spec**
  As specified by the manufacturer
- [ ] **Tank location and delivery access**
  Agreed with your gas supplier

If an oxygen alarm sounds: get everyone out and ventilate. Re-enter only at 19.5% oxygen or above.
If someone feels dizzy, short of breath or confused: get them into fresh air and call 911.

Planning an installation? We install and relocate chambers nationwide.
(213) 559-0665 | contact@cryo-service-repair.com | cryo-service-repair.com/buying-guide/cryotherapy-room-requirements/